**Study:** The Sabbath (S)

**Purpose:** The purpose of this study is to reveal the intimate relationship between the Creation and the plan of salvation.

**Center It:** Jesus Christ.

**Know It / Mark it:**

1. Genesis 2:1-3
2. Mark 2:27, 28
3. Exodus 20:8-11
4. Deuteronomy 5:12-15
5. Psalm 51:10-12;
6. 2 Corinthians 5:17
7. John 17:4
8. John 19:30
9. Isaiah 56:1-7
10. Acts 13:14-42
11. Matthew 24:20
12. Isaiah 66:23

**Share it:**

1. **Genesis 2:1-3:** Place in time . . . Time matters . . . There are two main points in this passage: (1). The Sabbath signifies finished creation. (2). God blessed the seventh day and sanctified it. The Sabbath is the memorial of a finished Creation. Ask “who is it for?” This is the origin of the Sabbath. The first human beings were Adam and Eve.
2. **Mark 2:27, 28:** Jesus makes an allusion to the creation of the Sabbath in Genesis. He was saying that the Sabbath was made for mankind in general (the human race) and added that He alone is Lord of the Sabbath. The Jewish people did not come into existence until much later.
3. **Exodus 20:8-11:** The original Sabbath, established at the Creation, is found in the Ten Commandments. We all agree that the Ten Commandments must be the foundation of society . . . The Ten Commandments have a moral quality. (Make allusion to our society’s punishments for crimes that violate the Decalogue). The Cross is what the Passover is passing to . . .
4. **Deuteronomy 5:12-15:** The Law of God is given twice in the Bible. Why do the Ten Commandments appear twice – and why do they emphasize different concepts (Creation and redemption)? Old covenant and new covenant . . .
5. **Psalm 51:10-12:** Prayer for repentance . . . David is asking for a clean heart . . . When he prays for salvation, he uses creation language as well. “Create in me”. “Restore into me . . .” David is using redemption language in the latter.
6. **2 Corinthians 5:17:** Creation and salvation are really one and the same thing. In creation and redemption, the same power is operable. The same power that He uses to create us is the same power that He uses to redeem us.
7. **John 17:4:** Finished work. “I have finished the work . . .”
8. **John 19:30:** Finished work. “It is finished!” Creation and Redemption are the same thing.
9. **Isaiah 56:1-7:** A Messianic prophecy. Verse 1 says that “my salvation is to come.” The plan of salvation is being inaugurated. When Isaiah 56 prophesies of New Testament Christianity, it says more than three times that they will observe the seventh-day Sabbath.
10. **Acts 13:14-42**: Skip Peter’s sermon. Multiple mentions of the seventh-day Sabbath. The key word here is “Sabbath”.


12. **Isaiah 66:23**: From one Sabbath to another, we will worship the Lord. New moon is the Biblical way of saying “every month” – there were new moon celebrations of a ceremonial type observed by the Jews.

**Appeal:** Would you like to join me in observing this day of rest God created for the sake of humanity and as a memorial to His Creation?

**Defend It:**

**Objection:** I keep the Lord’s day . . .

**Answer:** The Sabbath is the Lord’s day. The student may make reference to Revelation 1:10.

**Objection:** What’s moral about the Sabbath?

**Answer:** What would ___ think if you proposed to someone and never spent time with them again? It’s not an option to spend time with your wife. Intuitively, most people will understand.

**Objection:** The New Testament doesn’t mention Christians keeping the seventh-day Sabbath . .

**Answer:** Matthew 24:20: Jesus prays that their flight may not be on the seventh-day Sabbath. Jesus expected His people to be Sabbathkeepers.

**Objection:** How do we know that the Sabbath is still the Seventh-day Sabbath? Surely, there must have been some change . . .

**Answer:** Luke 23:54-56; 24:1-3: Jesus died on Friday, the Preparation Day, and died on the seventh day, the Sabbath. He resurrected on Sunday.

**Objection:** How do we know that the seventh day is still on the right day notwithstanding all of the changes that have been made to the calendar in human history?

**Answer:** Luke 23:54-56; 24:1-3: Every time the Bible mentions Saturday, you would have to deny that the Jews were worshipping on the right day for so many years.

**Objection:** Why do most Christians worship on Sunday?

**Answer:** Good question . . . There is one upcoming Bible study that will cover this topic. It will provide an explanation as to why there are such a plethora of dominations, disparity in denominational beliefs and explain why so many Christian churches observe Sunday instead of the seventh-day Sabbath.